



# GREAT FALLS COLTS BASEBALL

I, \_\_\_\_\_ have agreed to become a member of the Great Falls Colts Travel Program. As a member of this team, I will do my best to obey these rules and regulations:

1. **I will always hustle.** I will hustle on and off the field; on every ball I hit, on the bases, and in the field.
2. **I will respect my coaches and parents and do as they ask.** I understand that they have experience and want to help me become the best I can be.
3. **I will practice good sportsmanship before, during and after games.** I will appreciate the good plays of our opponents and remain humble during my shining moments. Win or lose, I will handle it with class and appreciate the experience gained.
4. **I will treat all opposing players, coaches, and fans with respect.** The only difference between us is that they are pulling for the other team.
5. **I will respect decisions made by the umpires.** I cannot change their decisions, and I recognize my reaction may reflect poorly on both me and my team.
6. **I will never quit.** No matter the score, inning or number of outs, I will always give my best. Whether we are winning by 10, or losing by 10, I will continue to play hard for myself and my team.
7. **I will work hard when no one is watching.** My work ethic is based on the hard work I put in during games and practices as well as at home, school, and in my community.
8. **I will never throw a bat or other equipment in anger.** Not only is this unsafe, but it is a selfish display of poor self-control and bad sportsmanship.
9. **I will respect the facilities we are provided for practices and games.** I will not damage equipment or property and I will clean up before leaving the facility.
10. **I will treat practices seriously.** When I step on the field in practice, I understand my focus will be on baseball. Practice is the hard work we put in to have more fun in the games!

11. **I will always support and encourage my teammates.** I will be helpful and courteous, treating my teammates the way I would want to be treated. If you are having a rough game or practice you can still help your team win with a positive attitude.
12. **I will represent my team with class.** I understand that how I behave and present myself will reflect either positively or negatively on my teammates and coaches on and off the field.
13. **I will remain in the dugout/on the field at all times, unless approved by a coach.** My focus needs to be on the practice or game. Mental reps are still reps!
14. **I understand my grades in school and behavior at home and outside of baseball may impact my position on the team.** There is more to life than baseball.
15. **I will embrace my role, position on the field and in the lineup, and I will not complain or feel sorry for myself.** This is a team. I will always do what is necessary for the team to be successful. What you put in, is what you will get out. Attitude and effort will lead you to success in baseball and life.
16. **I will learn from my mistakes.** I will make mistakes, but I will use them as opportunities to learn. There is no such thing as losing if you learn from the loss. We are all learning and have a long baseball career ahead of us!

I will always do my best to follow these rules. My coaches, parents and I understand that I am not perfect, but repeated violations can and will impact my standing on this team. Depending on the severity and frequency of my infractions, I may be asked to run, receive less playing time, a diminished role or complete removal from the team.

These rules aren't meant to scare me. These are rules I embrace to help me become a better player, teammate, and person.

I understand these rules, and I will do my best to always represent myself and my team to the best of my ability.

\_\_\_\_\_  
PLAYER SIGNATURE

\_\_\_\_\_  
DATE

\_\_\_\_\_  
WITNESS

\_\_\_\_\_  
DATE